

# international traditional karate seminar conducted by

## **Sensei AVI ROKAH** **STARA WIEŚ, POLAND 2014**

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**Sensei Avi Rokah** – student and assistant of **Sensei Nishiyama Hidetaka**. He started karate training when he was 15 years old. Right after he had completed military service in Israel, he moved to the United States at the age of 21. He has continued practising karate under supervision of Nishiyama Sensei. From that time he spent every day at Sensei's Dojo and shares his knowledge all over the world. He is the one who introduced karate to many traditional karate practitioners in the world. Except for his experience as an instructor, Avi Rokah is a repeated US champion in kumite and the world champion in team kumite from 1994 (Treviso, Italy).

This year course held by Sensei Avi Rokah is the continuation of the seminars conducted annually by Nishiyama Sensei in Poland since 1992. The seminar will be coordinated by **Sensei Włodzimierz Kwieciński 7 Dan ITKF** – coach of the traditional karate national team of Poland and Chairman of the Traditional Karate Federation of Poland.

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### **DATE**

**9 May (Friday) – 11 May (Sunday) 2014**

### **SEMINAR SITE**

**Japanese Martial Arts and Sport Centre „Dojo-Stara Wieś”**  
address: Stara Wieś 1, 97-570 Przedborz  
[www.dojostarawies.com](http://www.dojostarawies.com)

### **HOSTED BY**

**Traditional Karate Federation of Poland**  
90-057 Lodz, 85/87 Sienkiewicza Street  
phone + 48 42/632-85-79 or +48 42/632-97-59  
e-mail: [pzkt@karate.pl](mailto:pzkt@karate.pl), [www.karate.pl](http://www.karate.pl)

### **PARTICIPATION REQUIREMENTS**

1. The seminar is available **ONLY FOR BLACK BELTS AND CANDIDATES FOR EXAM FOR MASTER GRADE WITH 1 KYU.**
2. All participants must have valid International Insurance.

## REGISTRATION

**9 May (Friday) from 5 p.m. to 8 p.m.** - at the seminar office (reception of the Japanese Martial Arts and Sports Centre „Dojo-Stara Wieś”)

### PARTICIPATION FEE

Participation Fee ..... **200 PLN**  
1-Day Participation Fee ..... **130 PLN**

Payment of the participation fee shall be made in cash at the registration in the seminar office.

### BOARD AND ACCOMMODATION OFFER

#### **OPTION 1 – Board and accommodation at the „Dojo-Stara Wieś“**

#### **Cost: 376 PLN/person**

##### **This price includes:**

- Accommodation (2 nights)
- Full board (from supper on Friday until lunch on Sunday)

- 1) **Preliminary reservations will be accepted by 18 April 2014 (Friday). Please send your reservation by e-mail to [pzkt@karate.pl](mailto:pzkt@karate.pl).**
- 2) **After you receive confirmation about availability of places, please send money wire transfer by 25 April 2014 (Friday).**
- 3) **Payment of the total amount should be transferred to the following account:**

Name of beneficiary:	Polski Związek Karate Tradycyjnego
Address of beneficiary:	85/87 Sienkiewicza Street, 90-057 Lodz (Poland)
Name of bank:	DEUTSCHE BANK PBC S.A.
Address of bank:	Al. Armii Ludowej 26, 00-609 Warsaw (Poland)
Bank account:	PL 37 1910 1048 2260 0155 7967 0001
SWIFT:	DEUTPLPKXXX
Title:	“Seminar with Avi Rokah 9-11 May 2014”

##### **Important:**

1. **Number of places at the centre “Dojo-Stara Wieś” is limited.** We advise to make your reservation as soon as possible.
2. **Accommodation at the centre is available only for participants of the seminar.**

## **OPTION 2 – Board at the „Dojo-Stara Wieś“ (without accommodation)**

### **Cost of meals:**

- Breakfast	13 PLN
- Lunch	28 PLN
- Supper	22 PLN
- All-day meal package (breakfast, lunch, supper)	60 PLN

- 1. If you are interested in reserving meals during the seminar please send your reservation on the attached Application Form to the following e-mail: [savoy@savoy.com.pl](mailto:savoy@savoy.com.pl) by 30 April 2014 at the latest.**
- 2. Payment for meals will be accepted in cash at the registration.**

### *Remark!*

*Board will be guaranteed only for participants who will make reservation in the term given.  
For others – depending on availability of products.*



Włodzimierz Kwieciński  
Chairman  
Traditional Karate Federation of Poland